

Name: _____

Date: _____

Athletics Challenge

Complete the activity.



- ___ 1. False start by beginning to run before the starter gun
A. Steeplechase B. Pole vault C. Decathlon D. Jump the gun
- ___ 2. Contest with seven different track-and-field events
A. Pentathlon B. Decathlon C. Heptathlon D. Steeplechase
- ___ 3. Athletes try to jump as far as possible
A. Long jump B. Javelin C. Pentathlon D. Runway
- ___ 4. Contest with 10 different track-and-field events
A. Javelin B. Pole vault C. Decathlon D. Steeplechase
- ___ 5. Running strip for jumpers and throwers to build up speed as they approach their attempts in their events
A. Decathlon B. Pole vault C. Runway D. Javelin
- ___ 6. Contest with five different events
A. Pentathlon B. Javelin C. Steeplechase D. Runway
- ___ 7. Athletes try to throw the javelin as far as possible
A. Pentathlon B. Steeplechase C. Javelin D. Shot-put
- ___ 8. Athletes try to put, or throw, the shot as far as possible
A. Heptathlon B. Shot-put C. Javelin D. Decathlon
- ___ 9. Athletes try to clear a bar with the help of a long pole
A. Heptathlon B. Javelin C. Steeplechase D. Pole vault
- ___ 10. A race on a course that has obstacles such as hurdle barriers and water jumps
A. Pole vault B. Steeplechase C. Shot-put D. Runway