Gymnastics Vocabulary

Complete the activity.

1. _______________ Pre-designed routines that contain specific movements required of all gymnasts
2. _______________ To leave an apparatus at the end of a routine
3. _______________ Maneuvers selected by the gymnast which portray their best skills
4. _______________ A move from a position below an apparatus to a position above it
5. _______________ A maneuver where a gymnast completes a full rotation in the air without touching the apparatus
6. _______________ A balance on one leg, with the other leg raised backwards, sideways or forwards and the upper body lowered slightly
7. _______________ To complete a landing without taking any steps
8. _______________ Straddle leg rotations on the pommel horse
9. _______________ To leave the bar to perform a move before grasping it again
10. _______________ A five-meter beam 10 centimeters wide and 1.2 meters above the floor, used for routines involving leaps, turns and tumbling moves

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